

# **ABOUT THE SCHOOL**

JLU School of Sports Science and Physical Education was established with a mission and objective to uplift the standard of physical education teaching and to produce leaders and role models to make our society physically fit, mentally strong, socially committed and professionally active. At JLU School of Sport Science & Physical Education every student benefits from the opportunity to participate in a comprehensive programme consisting of skill development, lead up games, team sports, and physical fitness activities.

The school strives to develop the areas of professional competence and expertise in teaching physical education & sports as a major subject. The course helps the students to pursue their chosen career choice whether that is in teaching, outdoor education, health or applied sports science. Our courses provide distinctive pathways to meet the requirements of an evolving sport and physical activity industry. We have a strong interdisciplinary approach to teaching and research ensuring a vocationally relevant, applied and authentic education for all our students. Enhancing the employability forms a core focus for the programme with a strong emphasis on work related learning.



### **BACHELOR OF PHYSICAL EDUCATION AND SPORTS**

### **Key Modules:**

### YEAR 1

- Basic and Systemic Anatomy
- Yoga Science and Naturopathy
- Health Education
- Kinesiology
- Sports Injuries and Rehabilitation

### YEAR 2

- Sports Nutrition
- Educational Psychology
- Physiology of Exercise
- Marketing Management

#### YEAR 3

- Test and Measurement in Physical Education
- Educational Technology
- Sports Journalism
- Gym Management and Fitness Training

### **PRACTICALS**

- Teaching practice
- Conditioning & Match Practice
- Game specialization Basketball, Hockey, Football, Volleyball, Handball, Swimming, Badminton, Cricket, Kho-Kho, Athletics, Kabaddi, Table Tennis Combat sports – Judo, Karate, and Taekwondo.
- Yoga Asana, Kriyas, Bandhas & Pranayama
- Athletics Running events, Throwing events

Caution Money (One Time, Refundable) Rs. 5,000/-

Fees (To be Paid Every Year) Rs. 45,000/-



## **AMAN SOLANKI**

2017 Batch Manager, Player Relationship Zlait Sports

It all started at Jagran Lakecity University in 2014. ILU was a place where I learned to play football and started playing it as sport and not just a hobby. I got into the University football team and played with the team throughout my study at JLU. With personal drive and support of the university, I got selected to represent the state's team of Madhya Pradesh. Now when I look back I realize that, this couldn't be possible without the help of my university and faculties. They left no stone unturned to let me play and pursue sports while ensuring my academics aren't affected. I believe that this was the time that improved my interpersonal skills drastically.

Now I represent the football team at Bank of Baroda and work as Player Relationship Manager at zlait sports. Yes! I have the best of both worlds.

It's the excitement I think that inspires you to play and work in the sports industry.



# JLU ELITE ATHLETE PROGRAM

We at Jagran Lakecity University believes that a successful student has to be an all-rounder and keeping true to our believes we ensure the students have enough opportunity to showcase their talent both at Inter & Intra University level.

The university has a rich tradition of excelling in sports. The university operates a "JLU Elite Athlete Program" which supports student athletes balance their academic and sporting commitments, by providing a flexible and responsive approach to study.

Jagran Lakecity University is member of Association of Indian Universities (AIU) and participates in all zonal level tournaments. The following teams have participated in AIU and other inter university tournaments:

- Badminton (Boys/ Girls)
- Pistol Shooting
- Cricket (Boys)
- Football (Boys)
- Basketball (Boys/ Girls)

Apart from these the university also conducts several intra university sports tournaments giving ample opportunity to our students to showcase their talents

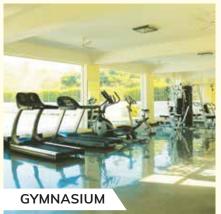
#### ILU SPORTS SCHOLARSHIP:

100% on Tuition Fees	50% on Tuition on fees
International Players	National Medal Winners*

The university provides 25 seats for sports scholarship in the following games:

Football, Basketball, Cricket, Volleyball, Badminton, Judo, Swimming, Shooting, Boxing & Athletics. Scholarship will be based on previous achievement and skill test conducted by Jagran Lakecity University.

# SPORTS FACILITIES AT JLU:











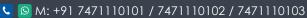




#### **ADMISSION OFFICE DETAILS:**

### **BHOPAL OFFICE:**

JLU Student Enrichment Hub, Near Kaliasot Barrage, Chandanpura, Bhopal – 44, Madhya Pradesh, India



#### **INDORE OFFICE:**

Jagran Lakecity University, The Headquarters, 204, 2nd Floor, Sathya Sai Square, Vijay Nagar, Indore, Madhya Pradesh, India

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### VIDARBHA OFFICE:

Jagran Lakecity University, 741, First Floor, Nelson Square, Nagpur -13, Maharashtra, India

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If you are thinking of studying at Jagran Lakecity University Bhopal, you should attend one of our Open Day festivals and find out everything you need to know. Please visit www.jlu.edu.in

